

Crawford adds Overall to Super Combined

Alcott demonstrates what the rest need to achieve to reach the top, Steggles & Sole podium

Chemmy Alcott gave the rest of the field a lesson in what they need to do to reach the same heights that she has in winning the Super Combined at the British Championships. Alcott attacked the Super G section of the race to lead comfortably by over four and a half seconds from Harriet Steggles and the rest. Steggles, one of the racers to have caught the eye of British Team Head Coach, Mark Tilston, put in a very determined and smooth Super G run to lead the fight to Alcott.

Alcott is a class act and the Super G is one of her favourite disciplines. The course in Meribel is technical hard as it rolls around the mountain and despite many of the less experienced races making mistakes on the top section, Alcott attacked and gave an excellent demonstration of the standard the rest need to achieve.

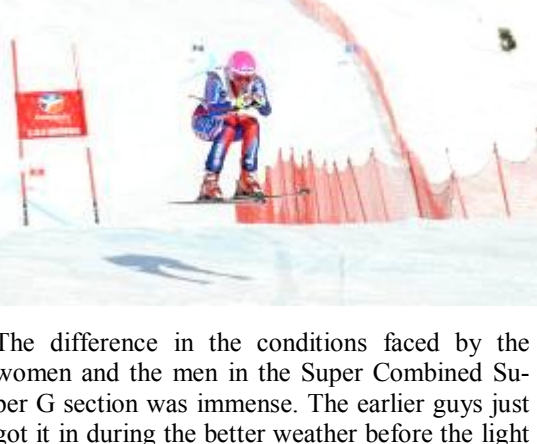
With the Super G section run in perfect conditions, bright sunshine and cold air, conditions of the Slalom section could not have been more different: Clouds and flat light had come in and this coupled with a difficult course made things treacherous for the racers if they did not concentrate. With fifteen racers having crashed out of the Super G section and seven disquali-

fied, the who field was reversed for the Slalom run. "This made things hard by the time I went to go down," explained Alcott but even despite a hike at one stage, Alcott had enough in reserve to hold on for the win. Harriet Steggles raised her profile even further by taking second overall with Niki Sole taking fourth overall and third British racer.

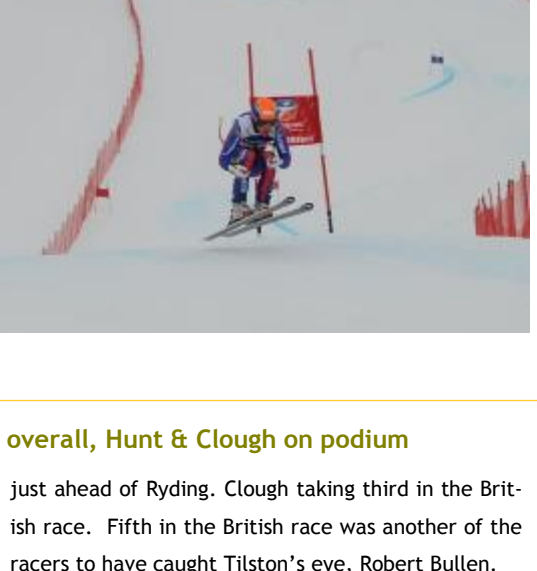
Jo Ryding took fourth British racer, the same position her brother took in the men's race; with Sarah Norton fifth, Charlotte Guest sixth, and Liz Stevenson in seventh, all of them in the top ten overall.

The first year Junior's provided some great competition with Amy Donnellon leading Emily Evans, Cara Brown and Kate Angus home, all in the top fifteen overall. Evans had to deal with a rerun in the Super G after the Italian runner before her crashed heavily causing her run to be aborted.

Alcott's win secured the overall with Steggles taking second and Sole third. It was a shame that Segal Fairweather and Pam Thornburn were unable to race, but you can only beat who is there!



The difference in the conditions faced by the women and the men in the Super Combined Super G section was immense. The earlier guys just got it in during the better weather before the light went really flat. Luckily it was just poor course inspection that caused a higher number of racers to miss a gate just before these pictures was taken.



Mission accomplished as Crawford takes British Title and Victor Ludorum for most points overall, Hunt & Clough on podium

For Dougie Crawford the moment he heard that his main competition had messed up their slalom runs he knew that a safe slalom run would see the British Super Combined Title his. Skiing safely does not come naturally to the Scottish winner of three of the four races already this year and having won the Super G section of the Super Combined, Crawford used his head to race down to victory.

Having won the Super G section by a mere six hundredths from TJ Baldwin, Crawford admitted that he knew Baldwin "could also ski some good slalom" so was anxious to put in a solid run. With many of the top thirty from the Super G struggling on the top of the course, including Baldwin, Crawford knew that there was a lot riding on his run: Not just the Super Combined Title but also the race for the Victor Ludorum. Chemmy Alcott had won for the girls race and had 100 points safely in the bag and could have stolen the Victor Ludorum from Crawford had he failed to win. In the end Crawford skied a safe run and while he slipped to second overall, the win in the British event was his.

The Slalom run had started with young Jack Gower almost messing up his start before demonstrating why he is one of the hottest British talents racing at the moment, and he is only 15 in his first year of FIS racing. Gower exploded out of the start almost losing his skis behind him before putting in the third fastest slalom run. Gower rose from 30th after the Super G to finish in 15th overall, 6th in the British race. His run was only bettered by Georgie Hunt of the British racers and the Polish race Winner, Maciej Bydltinski.

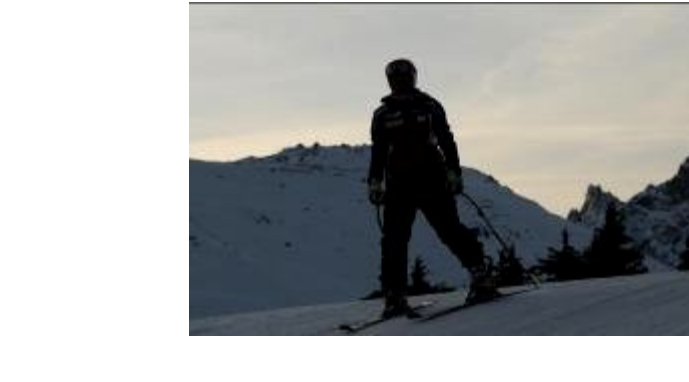
While Dave Ryding had put in a very respectable Super G run, he was going for a charge on the slalom section yet made a mess of things on the steep and had to hike back up: "I high sided," he explained, "and hiking on the steep is not easy so lost too much time. I knew that I was still in with a chance to win something so had to hike," the outgoing Joint Overall Champion explained with a smile! Frankie Clough, who trains in Meribel used his local knowledge on the Super G course to come from start number 80 into the thirty for the slalom and then into ninth overall,

just ahead of Ryding. Clough taking third in the British race. Fifth in the British race was another of the racers to have caught Tilston's eye, Robert Bullen.

So Crawford has won four of the five races and with that the Overall and Victor Ludorum. In doing this he has become the first male to win this Title, awarded to the racer who scores the most points, since Alain Baxter did in 2001.

Georgie Hunt's second place, fifth overall, was good enough to win the prize for the best non team racer while Jack Gower took the best under 18 prize as well as second in the Junior Title to Frankie Clough with Ashley Hill caping a fine performance this week with third.

While the girls had perfect conditions for the Super G, many of the men had to cope with the flat light. Flat light yes, great racing yes! That was the 2010 Championships for the Seniors. Next up are the Junior technical events and then the Children's!

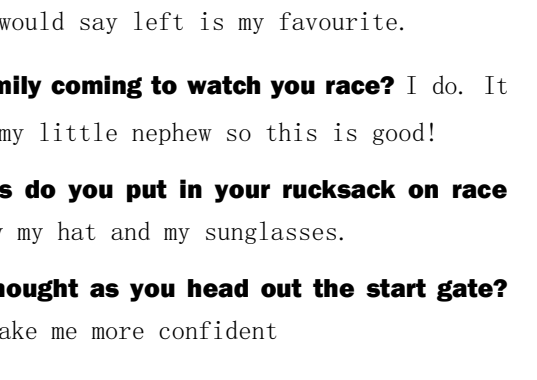


Top left: Perfect conditions again for the racers, well for the girls at least!

Top Right: Harriet Steggles showing the form that has proved why she is one of the outstanding crop of youngsters coming through the system at the moment.

Bottom Left: Inspection at dawn for the girls! Chemmy Alcott inspecting.

Bottom Right: Charlie Guest, winner of the Kirsty McGibbon award for 2010, attacking the slalom in the Super Combined.



Ten questions with... Alex Tilley

Are you superstitious? Not really. I have a necklace and a bracelet that have inspirational comments on them.

Where did you watch the Olympics? I have not watched them but I have them taped for me back home. NBC that covered the Games out in the States only showed a little.

Do you think the right person won the Crystal Globe in your favourite discipline? My favourite discipline is Slalom and I have always been a fan of Lindsey Vonn so I would have preferred her to have won instead of Maria Riesch!

Do you put your left or right ski on first? I do not have a

specific one but I would say left is my favourite.

Do you like your family coming to watch you race? I do. It means I get to see my little nephew so this is good!

What unusual things do you put in your rucksack on race day? I always carry my hat and my sunglasses.

What is your last thought as you head out the start gate? Probably words to make me more confident

Croissants or Pain au Chocolat? Pain au Chocolat.

Powder or freshly groomed piste? Powder!

Beer or wine? You should not ask me that. I am not allowed to answer that!

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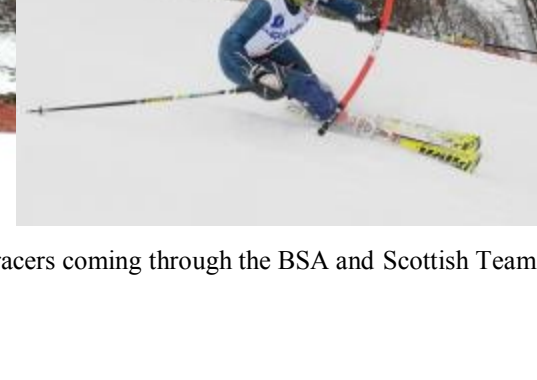
What's the programme for the racing in Meribel? [Click here](#)

What are the results from the races so far? [Click here](#)

Watch the videos...

Catch up with all the racers as they give their own responses to their performances on video. Chemmy Alcott gives her reaction to winning her ninth GS Title, Alex Tilley and Christy MacKinnon also give their race reports. Noel Baxter and Dougie Crawford comment on their podium performances while David Ryding rues a straddled gate!

To watch [click here](#)



He is back making his videos—but who is this Scottish man? Cara Brown, one of the rising new racers coming through the BSA and Scottish Team ranks; Niki Sole in the Slalom

So you want to watch the races live...?

Easy! Go to www.britishalpinechamps.com and then go to results page and scroll to the bottom!

There you go! Now your kids cannot complain when you know how they have done as they cross the line! You will still get their excuses but you will see the classification, the ranking and the start list as well as the live timing!



Left (top to bottom): Formation inspection.....

Brad Morgan attacking the slalom



Telford take a rest....hmmmm

Cutting it fine.....



Ben Griffen from New Zealand attacks

Ooops Straddle!



Dan Evans

Dave Ryding proving he can fly like a bird!

